

BASKETBALL RULES

1. The Game

a. Start Time

- i. Game time is forfeit time. If the minimum number of players is not present at game time, the game will be forfeited. All players must check in with the ASI Intramural Sports supervisor or officials before the game with their PolyCard; non-students can check in with a valid photo ID. Please refer to the ASI Intramural Sports Handbook for the forfeit policy description.

b. The Players

- i. The game shall be played by two teams of five players. Four players are required at the start of game time to avoid a forfeit.
 1. If a team has two or fewer players at game time, that team will be assessed a forfeit fee.
- ii. If at any time during the game a team has fewer than four eligible players, the game is over.

c. Manager Meeting

- i. Prior to the start of the game, a meeting between the two team managers and the official will take place. They will discuss rules and regulations which the manager must relay back to the team.

d. Team Spokesperson

- i. The team manager is the only person who may address the official and is the spokesperson for the team.

e. The Court

- i. Games will take place in the Main Gym and the South Gym at the Cal Poly Recreation Center.
- ii. To ensure the safety of participants and staff, the maximum capacity for each team, including spectators, is 15 people. Only during playoffs may this number be exceeded at the discretion of the Intramural Sports supervisor.
- iii. Intramural Sports staff reserves the right to stop a game if any team exceeds this capacity. If a team fails to comply with the posted capacity, they will be assessed an administrative technical foul.

f. Player Restrictions

- i. Participants may only play on one team per gender league (e.g., one Men's or Women's League and one Co-Rec League). If a gender league folds due to an insufficient number of teams or is not offered, the participant will be allowed to play on two co-rec teams in

separate divisions. This is the only time a player may play in multiple divisions within a sport (e.g., Men's D2 and Men's D3, or Co-Rec D2 and Co-Rec D3).

- ii. If an Interfraternity Council (IFC) Division is offered, men may play in either the IFC or Men's Division, but not both. If a Panhellenic (PHA) Division is offered, women may play in either the PHA or Women's Division, but not both.
- iii. Club sport players are only allowed to play in Division 1 unless the highest division offered is Division 2. There may only be two club players on the court at a time, but there is no limit to the number of club players on a team.
- iv. Intercollegiate athletes may not participate in a sport similar to their Cal Poly sport until a minimum of three academic quarters (not including summer) after they have been removed from that sport's active roster. They are however, eligible to play an intramural sport dissimilar to the sport they play for Cal Poly.

2. Equipment/Dress Code

a. Uniform

- i. The home team wears white and the away team wears black.
- ii. Players must check their schedules on [IM Leagues](#) to know which color shirt to wear. If there is any doubt, bring both colors.
- iii. No gray or yellow shirts may be worn. If these colors are worn, an administrative technical foul will be given.
- iv. If every member of the team has the same uniform, they will be allowed to play at the discretion of the supervisor.
- v. All players are required to have a permanent number clearly visible on their shirt or forearm.
- vi. A player with blood anywhere on their uniform will be instructed to leave the game until the uniform has been changed or approved after an evaluation by an ASI Intramural Sports supervisor or an ASI facility supervisor.

b. Dress Code

- i. Closed-toe shoes must be worn at all times during play.
- ii. Athletic attire must be worn at all times during play.
- iii. Wearing a hat is not allowed during play.
- iv. Intramural officials can remove a player for improper dress code at their discretion.

c. Jewelry

- i. Jewelry is not permitted; players must remove all jewelry before the start of a game.
- ii. If jewelry is not removed, an administrative technical foul will be assessed.

3. Co-Rec Rules

- a. All co-rec games must abide by the N+1 rule: There may only be a difference of one between the number of men and women players on the court at a time.

If an injury is to occur during the game and a team does not have the personnel to continue to abide by the N+1 rule, that team may continue to play with the players

already on the field. They may not, however, bring in a player that would further imbalance the N+1 rule.

4. Fouls and Penalties

a. Spectators

- i. Spectators who interfere with the court or play are subject to ejection from the Recreation Center.
- ii. Teams are responsible for their spectators. Poor spectator behavior may cause a team to receive a minus behavior rating.

b. Zero Tolerance Policy

- i. Alcohol and drugs are not allowed at ASI Intramural Sports games. If a player or fan is under the influence, they will be ejected immediately and disciplinary action may follow. If an ASI Intramural Sports supervisor feels that there is a threat to participant safety or suspects that a team might be under the influence, they are required to stop the game immediately. If there is no proof of substance use, the game will be rescheduled for another time.

c. Technical Fouls

- i. An administrative technical foul will be given if:
 1. A team has more than five players on the court during play.
 2. A substitute enters the court without reporting to the scorer or without being called to the court by an official (unless between halves or after a charged timeout).
 3. A player fails to check in or is not on the roster.
 4. A player is wearing any jewelry during play.
 5. A player is wearing a grey or yellow shirt.
 6. A player participates while disqualified.
 7. A player grasps either basket. Exception: A player may grasp the basket if, in the judgment of the official, the player is trying to prevent an obvious injury to themselves or another player.
 8. A player dunks or attempts to dunk a dead ball before or during the game or during any intermission.
 9. Delay of Game
 - a. When at the official's discretion, a player or team intentionally attempts to stall the game, the official may stop the clock and issue a delay of game warning to the offending team.
 - b. The official has the right to correct the game clock if they deem necessary.
 - c. The second delay of game called will result in an administrative technical foul.
- ii. Penalty: The offended team shall receive two free throws and possession does not change.
- iii. These fouls do not count toward a player's five fouls for disqualification, but count to a team's administrative technical foul total. If a team receives three administrative

technical fouls, the team manager will be immediately disqualified for the remainder of the game.

d. Unsportsmanlike Technical Foul

- i. Unsportsmanlike conduct technical fouls will be given for:
 1. Disrespectfully addressing or contacting an official.
 2. Using profanity or vulgarity.
 3. Taunting, baiting, or ridiculing another player.
 4. Pointing a finger at or making an obscene gesture toward another player.
- ii. Penalty: The offended team shall receive two free throws and possession of the ball.
- iii. A player who receives an unsportsmanlike technical foul will sit out for 10 minutes of game clock.
- iv. An unsportsmanlike technical foul will count toward a player's five fouls for disqualification.

e. Flagrant Foul

- i. A personal foul that is deemed excessive in nature and/or unnecessary. Causes of a flagrant foul include:
 1. Causing excessive or unnecessary contact with an opponent.
 2. Pushing or holding a player from behind to prevent a score.
 3. Illegal contact caused by the swinging of an elbow that is deemed excessive or unnecessary.
- ii. Penalty: The offended team shall receive two free throws and possession of the ball.
- iii. A player who receives a flagrant foul will either sit out for 10 minutes of game clock or be ejected from the Recreation Center, per the official's discretion.
- iv. A flagrant foul will count toward a player's five fouls for disqualification.

f. Intentional Foul

- i. Intentional Fouls will be given for:
 1. Contact that is not a legitimate attempt to play the ball or player.
- ii. Penalty: The offended team shall receive two free throws and possession of the ball.
- iii. An intentional foul will count toward a player's five fouls for disqualification and count toward a team's total foul count.

g. Personal Fouls

- i. One, two, or three free throws for a foul against a player in the act of shooting.
 1. If a player is fouled in the act of shooting and makes the basket, they will be awarded one free throw.
 2. If a player is fouled in the act of shooting a two pointer and does not make the basket, they will be awarded two free throws.
 3. If a player is fouled in the act of shooting a three pointer and does not make the basket, they will be awarded three free throws.

- ii. Ball is marked out of bounds at the spot nearest the foul for player-control fouls against a non-shooter with six or less team fouls in the half.
- iii. Bonus (one-on-one) for a foul against a non-shooter when there are between seven and nine respective team fouls in the half.
- iv. Two free throws for a foul against a non-shooter when there are 10 or more team respective fouls in the half.

5. Technical Foul Summary Table

Type of Technical Foul	Free Throws	Possession	Team Fouls	Player Sits Out	Player Disqualification
Administrative technical foul	2	No change	None	No	No
Unsportsmanlike technical foul	2	Change	1	10 minutes of game clock for first offense	Second foul results in disqualification
Flagrant foul	2	Change	1	Official's discretion	Official's discretion
Intentional foul	2	Change	1	No	No

6. Personal Foul Summary Table

Type of Personal Foul	Personal Foul Penalties
Personal foul against a player in the act of shooting	1, 2, or 3 shots
Personal foul against a player who is not in the act of shooting	Less than 7 team fouls: ball out of bounds 7-9 team fouls: bonus (1 and 1) 10 or more team fouls: double bonus (2 shots)

7. Basketball Rules

a. Game Length

- i. Playing time shall be two halves of 20 minutes each. Halftime shall be three minutes. Extra period shall be two minutes each.
- ii. If the score is tied at the end of the second half, play shall continue for one or more extra periods with a one-minute intermission before each extra period. If the game is tied after two extra periods, the third extra period will be sudden death; the first to score wins. Extra periods will not continue beyond the end of the hour. All personal and team fouls carry over from the second half to the extra periods.
- iii. During the last two minutes of the second half and during any extra period, the clock shall also stop when an official signals a foul, held ball, or a violation.
 - 1. If the difference in score between the two teams ever reaches or exceeds 15 points during this time, the clock will only stop for situations listed in the

following section for the remainder of the game, even if the score goes below 15 at any point inside of two minutes.

- iv. The clock shall be stopped during the game when an official stops play:
 - 1. Because of an injury. Note: When a player incurs a head injury or a wound that causes bleeding, the official must stop the game at the earliest possible moment and instruct the player to leave the game for treatment by an ASI Intramural Sports supervisor or ASI facility supervisor.
 - 2. To confer with the scorer, timer, or another official.
 - 3. Because of an unusual delay in a dead ball being made live.
 - 4. For an emergency.
 - 5. To grant a charged timeout.
- b. Scoring
 - i. A goal is made when a live ball enters the basket from above and remains in or passes through the basket, except on a throw-in.
 - ii. A goal shall be awarded two points. Three points are awarded if the goal is scored from behind the three-point line. A free throw is awarded one point.
- c. Substitutions
 - i. Substitutes who desire to enter the game must report to the scorer's table.
 - ii. The substitute must wait for the official to signal the substitute into the game.
 - iii. While waiting for the official to signal a substitute onto the court, the substitute must take a knee so as not to obstruct the view of the official operating the scoreboard.
- d. Out of Bounds
 - i. The top of the backboard and supports are out of bounds, while the sides and bottom are in play.
- e. Timeouts
 - i. Timeouts must be called by a player on the court or may be called by a designated manager on the bench.
 - ii. Timeouts do not advance the ball to half court.
 - 1. The ball is put in play where the timeout is called.
 - iii. Unused timeouts do not accumulate and may not be carried over to extra periods.
 - iv. Each team shall be entitled two charged 60-second timeouts during a regulation game and one 30-second timeout during each extra period.
 - v. After a timeout, the clock shall start once a player inbounds has touched the ball in play.
- f. Traveling
 - i. When a player is on the ground, every part of the body that is touching is considered a pivot, and if one of them lifts off the ground, it is a travel.
 - ii. Traveling will be called when a player moves while inbounding the ball, unless the inbounding play comes after a made basket by the opposing team.
 - 1. On a stationary inbound, a player is entitled to three feet of space left or right and is allowed to move directly back as far as the court permits.
- g. Free Throws

- i. The lowest block will be kept clear per NCAA rules.
 - ii. Players within the free throw lane play the release, while players at the free throw line and beyond play the rim.
- h. Time Violations
 - i. There will be a 10-second count in the backcourt for all leagues.
 - ii. There will be a five-second count in the front court when closely guarded.
 - iii. Shot clocks are not used.