

INTRAMURAL SAND VOLLEYBALL RULES

1. The Game:
 - a. Game time is forfeit time. If the minimum amount of players is not present at game time, the entire match will be forfeited.
 - b. The Players
 - i. Each team shall consist of four team members in 4 x 4 sand volleyball, with a minimum of two players needed to start a game. 2 x 2 sand volleyball will consist of two team members.
 - c. Manager Meeting
 - i. Sand volleyball is self-officiated. Players will fill out a game card after the match and return it to an Intramural Sports Supervisor.
 - ii. Team captains will play rock-paper-scissors for the choice of service or court side
 - iii. Teams will change sides after the first game
 - d. Team Spokesman
 - i. The team manager is responsible for communicating with the other team manager over any discrepancies
 - e. The Court
 - i. Games will take place on the Sand Volleyball Courts within the Recreation Center
 - f. Player Restrictions
 - i. Participants may only play on one team per gender league (i.e. one men's/women's league and one co-rec league). If a gender league folds due to an insufficient amount of teams or is not offered, the participant will be allowed to play on two co-rec teams in separate divisions. This is the only time a player may play in multiple divisions within a sport (i.e. Men's D2 and Men's D3, or Co-Rec D2 and Co-Rec D3).
 - ii. If an IFC Division is offered, men may play in either the IFC or men's division, but not both. If a Panhellenic league is offered, women may play in either the Panhellenic or women's division, but not both.
 - iii. Club sport players are only allowed to play in Division 1, unless the highest division offered is Division 2. There may only be two club players on the court at a time, but there is no limit to the number of club players on a team.
 - iv. Intercollegiate athletes may not participate in an ASI Intramural Sport similar to their Cal Poly sport until a minimum of three academic quarters (not including summer) after they have been on their Cal Poly sport's active roster. They are, however, eligible to play an ASI Intramural Sport dissimilar to the sport they play for Cal Poly.
2. Co-Rec Rules
 - a. The number of players on the court must follow the N+1 Intramural rule. For 4 x 4, there must always be two men and two women on the court. In co-rec doubles, there must be one man and one women playing on a team.
3. Fouls and Penalties
 - a. Spectators

- i. Spectators and members of both teams must stay off the court at all times
 - ii. Teams are responsible for their spectators. Poor spectator behavior may cause a team to receive a “minus” behavior rating.
 - b. Zero Tolerance Policy
 - i. There is no alcohol or drugs allowed at ASI Intramural Sports games. If a player or fan is under the influence, they will be ejected immediately and disciplinary action may follow. If an ASI Intramural Sports Supervisor feels that there is a threat to participant safety or suspects that a team might be under the influence, they are required to stop the game immediately. If there is no proof of substance use, the game will be rescheduled for another time.
- 4. Sand Volleyball Rules
 - a. Game Length
 - i. Matches will be best two out of three games
 - b. Scoring
 - i. Pool play matches will consist of two games to 21 points using the rally scoring method. A third game, if needed, will be rally scoring to 15 points. All games will need to be won by at least two points.
 - c. Substitutions
 - i. Substitutions are allowed at the players’ discretion as long as the correct amount of participants for corresponding genders is on the court at one time
 - d. Out-of-Bounds
 - i. A volleyball court is 30 feet wide and 60 feet long; each side of the net is 30 feet by 30 feet. A 2-inch line borders the court to serve as the out-of-bounds line. Any ball that touches the line during play is still considered “in” the court. Anything outside of the line is considered out-of-bounds.
 - e. Time-outs
 - i. Each team is allowed two thirty-second time-outs per game
 - f. The Service
 - i. At the instant the ball is hit for service, the server shall not have any portion of the body in contact with the end line, the court, or the sand outside the lines marking the service area
 - ii. The server may serve anywhere behind the back line
 - iii. A serve is considered a fault when: the ball passes under the net; the ball touches a player of the serving team; or the ball lands outside the opponent’s player area
 - iv. The team which receives the ball for service shall rotate one position clockwise before serving
 - g. The Net
 - i. No part of the body, arm, or hand may pass over the top of the net during play except on a block
 - ii. There is no center line under the net. A player’s body may partially or completely pass under the net into the opponents’ court. Interference occurs only if the opponent is hindered in playing the ball.
 - iii. An interference results in a side-out or point in favor of the hindered team, depending on who served.
 - iv. No contact with the net or cables, which attach the net to the standards, is allowed
 - v. Incidental contact with the standards is allowed, but a player may not attempt to support themselves or catch their balance on the standards

- vi. The ball must pass over the net entirely between the standards or their invisible indefinite extensions
- h. Illegal Handling of the Ball.
 - i. The ball must clearly rebound off the player's body
 - ii. Double-hits are only allowed when playing a hard-driven ball. Double-hits are illegal while setting the ball.
 - iii. A held ball (anytime the ball comes to a visible rest) is illegal. This may occur while digging the ball, lifting the ball to change direction or setting.