



# INTRAMURAL SPORTS

## Frequently Asked Questions (FAQ)

### Who can participate?

**Students:** are eligible to participate with valid Cal Poly ID.

**Faculty/Staff:** are eligible to participate in Intramural Sports if they have purchased a Recreation Center membership.

**Alumni:** can participate in Intramural Sports if they have a current Recreation Center membership. Alumni must also show proof of medical insurance to the on-site Supervisor.

**Spouses:** are eligible to participate in Intramural Sports if they have a current Recreation Center membership.

### What sports are typically offered each quarter?

**Fall:** 5x5 Basketball, Flag Football, 9x9 Soccer, Futsal, Softball, Volleyball, Tennis, Dodgeball

**Winter:** 5x5 Basketball, 9x9 Soccer, Futsal, Volleyball, Flag Football

**Spring:** 5x5 Basketball, Flag Football, 9x9 Soccer, Futsal, Softball, Tennis, Volleyball, Sand Volleyball, Dodgeball

### How do I register?

Participants may register a team either online or at the Recreation Center. Team registration begins on the first Thursday of every quarter. Register at [ASI Connect](#)<sup>1</sup>.

### What if I don't have a team?

People who do not have a team may participate first by registering for a Free Agent team online at [connect.asi.calpoly.edu](http://connect.asi.calpoly.edu) and also attending the Free Agent's Meeting at 6:00 p.m. on Monday of the second week of the quarter. At this meeting free agent teams will be announced.

### Can I play on more than one team?

Participants may only play on one team per gender league per sport. For example, one could play on a men's soccer team, a Co-Rec soccer team, and a men's basketball team, but one could not play on two men's soccer teams (even if they are two different divisions).

### Where are games played?

Intramural sports games are played in the Recreations Center and at the Sports Complex

### What do the different Divisions mean?

**DI:** The most competitive level of play. DI participants typically have previous experience in their sport and want a competitive game.

**DII:** Recreationally Competitive. DII participants typically have previous experience in their sport as well, however are not as competitive or as skilled as DI participants.

**DIII:** The least competitive level of play. DIII participants typically have little-to-no previous experience in their sport.

### What does Co-Rec mean?

Co-Rec leagues are leagues where men and women compete on the same team. Most Co-Rec leagues follow a N+1 rule.

## **What does N+1 mean?**

N+1 is the general rule for how many men and women must be on the field or court in a Co-Rec game. This rule means that if the number of people on the field is even, there must be an equal number of men and women in play. If the number of people on the field is odd, the number of men and women may only differ by one. For example, in a Co-Rec 5x5 basketball game there may be 3 men and 2 women or 3 women and 2 men on the court, but not 4 men and 1 woman.

## **Can I add players to my roster once the season starts?**

Teams may add players to their roster at any point during the regular season. To add a player to your roster, simply have them bring their ID card to the next game and the sport supervisor will add them to your team.

## **Do I need my Cal Poly ID card to play?**

YES. Any participant who does not have a Cal Poly ID will not be allowed to play.

## **Where are schedules posted?**

Schedules are posted online at [IMLeagues](http://IMLeagues)<sup>ii</sup>.

## **What happens if my team can't make a scheduled game?**

Teams who cannot make a scheduled game should let the Intramural Sports staff know as soon as possible. The IM staff will work to reschedule the game if possible, or the team will be given an automatic loss.

## **What constitutes a Forfeit?**

Teams who are not at their game with all of their players checked in and ready to play before their scheduled game time will be given a forfeit.

## **What is an Automatic Loss?**

An automatic loss will be given to teams who cannot make a game, but inform the IM staff ahead of time. While an automatic loss will still count as a loss, the team will not receive a '-' behavior rating and will not be charged a forfeit fee.

## **When do I have to pay my forfeit fee and how?**

Forfeit fees must be paid no later than two days before a team's next scheduled game. Forfeit fees may be paid at the Front Desk of the Recreation Center.

## **What is a behavior rating?**

Teams will receive a rating after each game based on their behavior. Teams that conduct themselves with outstanding sportsmanship will receive a '+'. Teams that display appropriate behavior will receive a 'O', and teams that display unacceptable behavior will receive a '-'.

## **What happens if my team receives a '-'?**

Teams that receive a '-' will need to contact the IM staff within 48 hours. Depending on the situation, the team manager may be required to meet with a sport supervisor before their next game. Teams that receive two '-' ratings will be dropped from their league.

## **How are playoffs determined?**

Teams are selected for playoffs based on number of criteria, including record, head-to-head record, point differential, forfeits and behavior rating. Playoffs are a privilege and the IM staff reserves the right to include or omit any team from the playoffs for any reason.

## **What does my team get if we win the championship?**

*Teams who win their championship game will receive an Intramural Champion shirt.*

---

<sup>i</sup> ASI Connect - <https://online.activenetwork.com/asiconnect/Start/Start.asp>

<sup>ii</sup> IMLeagues - <http://www.imleagues.com/School/Intramural/Home.aspx?SchID=0b8be4bae6da46cda342eda2b7077baf>