



Fitness Studios 2 & 3

General Policy

- Group fitness classes are on a first-come / first-served basis. *Some classes require reservations, visit the Pro Shop
- Drop-in, informal use is permitted when studio is not scheduled
- Entry to any group fitness class is prohibited after the warm-up period has been completed
- Non-marking, non-scuffing soled shoes only
- No tape on floor
- Leak-proof personal water bottles are permitted. Other drinks or food permitted by prior reservation only
- Personal audio equipment must not impact other participants during informal use
- Any bleeding or injuries must be reported to Recreation Center staff immediately

Equipment Use

- Equipment may not be removed from the room
- Equipment is to be returned to storage upon completion of class
- Audio visual equipment is to be operated by Recreation Center staff only

Appropriate Use of Studio

- Stretching
- Group fitness classes
- Dance
- Non floor/facility damaging fitness activities, with appropriate footwear

Accepted Use of Studio, with Recreation Center Set-up & Reservation

- Meetings
- Speaking engagements

Note: Protective mats to be placed on floor prior to events that include the use of tables and/or chairs.