General Policies
Cal Poly Recreation Center

Policies of the Recreation Center are designed for the protection of employees, participants and the facilities.

The following policies are designed to encourage an inclusive, welcoming atmosphere:

- The Cal Poly Recreation Center is open to all; clubs or groups may not have exclusive use of any area without prior reservation
- All media devices must use headphones
- No photography or videography
- No cell phone usage in locker rooms or exercise rooms
- Anyone using profane language or demonstrating offensive behavior will be asked to leave the facility. No profanity on clothing
- Recreation Center users must abide by all policies and comply with requests made by Recreation Center staff
- Sexual harassment of any form is not tolerated per University policy

Conduct

- It is recommended that individuals consult their personal physician prior to engaging in physical activity
- The Recreation Center is designed to be a non-intimidating and welcoming environment. Groups, teams or clubs may not dominate any space in the Recreation Center. No exercise circuit training by groups. All basketball, volleyball, soccer or any other games are on an informal basis. See Gym Policies for Rules of Play
- Any bleeding or injuries must be reported to Recreation Center staff immediately
- The Recreation Center is tobacco-free. Alcohol and drugs are not permitted
- Personal amplified sound is not allowed, visitors must use headphones or ear buds
- No photography, either by camera or cell phone, is allowed unless with written prior approval
- Disorderly conduct, such as obscene language, employee abuse or disregard for facility policies will result in dismissal from the Recreation Center
- Private personal training, instruction or practice is not allowed. Exceptions are for Recreation Center instruction and Kinesiology instruction
- Posting of any materials (such as flyers) is not allowed without prior approval. See the Front Desk
- Leak-proof personal water bottles are permitted. Water is allowed, but all other drinks (energy, supplement and electrolyte) are prohibited
- Backpacks and personal belongings must be stored in lockers and storage cubbies. No personal belongings are allowed in general activity areas. Personal belongings are allowed in the studios during instructional classes
- Workout towel service is available for a service charge at the Pro Shop. Participants may obtain a towel and then return it to the Pro Shop in exchange for a clean towel. A towel must be returned in order to receive a clean towel or a new service charge will be applied
- No spitting in drinking fountains or on the floor
- Chewing gum is not allowed
- Roller skates, roller blades, or skateboards are not allowed in the Recreation Center
- Mopeds, bikes and scooters are not allowed in the Recreation Center

- The Recreation Center is not responsible for loss of valuables. Lost and found items will be stored in the Pro Shop and turned over to the University Police Department or to the University Facilities Lost and Found. Individuals must file a report for any stolen items with UPD

Facility Usage

- All users of the Recreation Center must have a valid membership pass or day pass
- Appropriate exercise attire is required. Shoes and shirts must be worn while inside. Recreation Center staff reserves the right to determine the appropriateness of attire.
  In addition:
  - Shirts are required (no bare midriffs)
  - Shoes
    - Closed toed shoes must be worn in all active fitness areas
    - Shoes must be non-marking, non-scuffing for use in wood floor areas
    - Bike shoes and shoes with exposed cleats are not allowed. (Bike shoes are allowed in the Studio 1-Cycling Room)
  - Zippers, snaps or metal studs on clothing that could damage equipment are prohibited
  - Swimwear is allowed only in the pool areas and locker rooms. Thong swimwear is not acceptable
- No personal exercise equipment is allowed inside the Recreation Center
- All activities must be consistent with the designated purpose of the room
- No animals are allowed, with the exception of properly identified service animals
- Audio visual equipment is to be operated by Recreation Center staff only
- Weapons and firearms of any kind are prohibited
- The Recreation Center reserves the right to deny access to anyone. Circumstances not covered in the above will be addressed accordingly by the Recreation Center staff